



THE NEW BIRTH LENTEN JOURNEY 2019

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Although universally observed by the Catholic Church;

THE LENTEN SEASON over the past 4 Decades has been increasingly observed formally by other Denominations all over the world. Including Methodists, Baptists, Lutherans and non-Denominational Congregations. Quite often, the 40 Days of JESUS in the wilderness is the paradigm for this season of Self Examen.

THE NEW BIRTH LENTEN JOURNEY 2019 is shaped to encompass both the Spiritual Formation of The Disciple and our witness as a Congregation in the world.

- Our **FINANCIAL FAST** from excess is to help us to develop Lifestyles of Fiscal Integrity and Kingdom Stewardship.
- Our **OUTREACH TO THE INCARCERATED** is to fulfill the Biblical Mandate of Ministry to those in Prison.
- Our **PROPHETIC INTERCESSION** is to the end that **NEW BIRTH** shall become available to the **HOLY SPIRIT** as Agents, Advocates and Exemplars for The Renewal of The Earth and The Healing of the Nations in the **POWER OF THE RESURRECTION**. And finally, to bring **DELIVERANCE** and **HOPE** to **CHRISTIANS** suffering **PERSECUTION** around the world.

LENT is a HOLY SEASON of:

1. PRAYER,
2. FASTING,
3. REFLECTION,
4. COMPASSION and
5. SIMPLICITY.

LENT is the Season when, the Disciples of JESUS CHRIST look inward for authentic Self Examen. Our Intention is to enrich our Faith and transform our lives through communion with GOD.

The NEW BIRTH LENTEN JOURNEY takes us THROUGH THE GATEWAY OF ADORATION to The Path of REPENTANCE that leads to DEEPER COMMUNION WITH GOD. Opening the way to PROPHETIC INTERCESSION accompanied by Daily Acts of Compassion. Ultimately leading to RECONCILIATION and SACRAMENTAL GRATITUDE.

The Practice of LENT includes the **40 weekdays** from Ash Wednesday until Easter. Traditionally this period involves **FASTING*** and **PENITENCE**.



***THOSE WHO HAVE MEDICAL APPROVAL** from their Health Professionals are invited to FAST on Wednesdays from 6:00 AM - 6:00 PM.

FASTING INSTRUCTIONS:

If your medication requires that you eat food; EAT.
And let your FAST be from TELEVISION, SOCIAL MEDIA or other sources of gratification for The Day. Let your PRAYER LIFE and COMPASSION for others be the focus of your LENTEN JOURNEY.

THE LENTEN SEASON BEGINS:

Wednesday, March 6, 2019

and ends: Saturday, April 20, 2019

LENTEN SCRIPTURE STUDY: 1 Corinthians 15

LENTEN TEXT:

“And if Christ has not been raised, our preaching is useless and so is your faith.”
(1 Corinthians 15:14 NIV)

ASH WEDNESDAY, MARCH 6, 2019

FASTING: 6:00 AM - 6:00 PM

NOON HOUR OF POWER

7:00 PM CORPORATE and COMMUNITY WORSHIP

INTERCESSORY FOCUS:

- A. THE UPLIFT AND IMPACT OF THE GOSPEL OF JESUS CHRIST**
- B. THE CRIMINAL JUSTICE SYSTEM IN AMERICA**
- C. GLOBAL IMPACT: PERSECUTED CHRISTIANS**

➤ **GOOD FRIDAY, APRIL 19, 2019**
7 LAST WORDS OF JESUS at 7:00 PM

➤ **HOLY SATURDAY, APRIL 20, 2019**

- A. HEALING THE LIVES AND HOPE OF EX OFFENDERS**



B. CHILDREN AND TEENS DISCIPLESHIP 9:00 AM - 12:00 NOON

C. **NOON: PERIPETETIC PRAYER - INTERCESSORS** Walk 1-3 Times (at their own pace) around the Perimeter of The OUTSIDE of The Church PRAYING for THE RELEASE OF THE RESURRECTION GLORY OF THE LORD in THE SANCTUARY and in the lives of THE CONGREGATION, the city and the nation.

➤ **EASTER SUNDAY, APRIL 21, 2019**
WORSHIP at 9:30 AM

40 DAYS OF SELF EXAMEN

During THE LENTEN SEASON, The Disciple spends time DAILY in Prayerful REFLECTION on their relationship with GOD, the character of their Faith and the quality of their witness in the world.

The NEW BIRTH LENTEN JOURNEY 2019 takes us THROUGH THE GATEWAY OF ADORATION to The Path of REPENTANCE that leads to DEEPER COMMUNION WITH GOD. Opening the way to PROPHETIC INTERCESSION accompanied by Daily Acts of Compassion. Ultimately leading to RECONCILIATION and SACRAMENTAL GRATITUDE.

THE 7 PRAYINGS of THE NEW BIRTH LENTEN JOURNEY

- Simply spend 7 Minutes a Day on each PRAYING.
- SPREAD your PRAYINGS throughout the Day
- or in ONE 50-60 Minute Session.

PRAY in SOLITUDE as THE HOLY SPIRIT guides you. Biblical support is offered for each PRAYING.



1. GATEWAY OF ADORATION

Invoking THE NAME and CHARACTER of GOD awakens the Soul to The Presence of The LORD.
Celebrating THE NAME and CHARACTER of GOD silences every distraction.
WORSHIPPING THE NAME and CHARACTER of GOD shifts the atmosphere from secular to Sacred.
HONORING THE NAME and CHARACTER of GOD brings entrance to THE THRONE ROOM OF GLORY.

Exodus 33:15-19; 34:5-8, 29

Psalm 34:1-10

Ezekiel 1:1-28

Revelation 1:9-18

Revelation 4:1-11

2. PATH OF REPENTANCE

To **REPENT** is to **RENOUCE** everything in my life that is an offense to THE GOSPEL OF JESUS CHRIST.

To **REPENT** is to **RESIST** every thought, relationship, behavior and effort in which GOD is not GLORIFIED.

To **REPENT** is to **ACKNOWLEDGE** that I have thought, spoken or behaved in a manner that is in conflict with the teachings of JESUS CHRIST.

To **REPENT** is **TO CHANGE** my thoughts, speech and behavior to reflect THE GOSPEL of JESUS CHRIST.

Psalm 32:5

Daniel 9:1-8, 11-12, 14-19

Isaiah 6:1-8

Matthew 26:39-42

Luke 22:44

Titus 2:11-13



3. DEEPER COMMUNION WITH GOD

PRAY to have a Greater awareness of THE PRESENCE of THE LORD.
PRAY to Hear The VOICE of GOD.
PRAY to have a deeper LOVE of THE LORD.
PRAY to “hunger and thirst” for THE WORD OF GOD.

Psalm 42:1-11
Psalm 119:17-24
John 17:1-5
Colossians 4:2-4, 12

4. PROPHETIC INTERCESSION

PRAY THE WORD OF GOD CONCERNING THE NATIONS.
PRAY THE WORD OF GOD CONCERNING THE CHURCH.
PRAY THE WORD OF GOD CONCERNING THE SICK and THE POOR.
PRAY THE WORD OF GOD CONCERNING YOUR PURPOSE.
PRAY THE WORD OF GOD CONCERNING FAMILIES.

2 Chronicles 20:2-12, 14-15, 17
Psalm 20
Psalm 67
John 17:6-19

5. DAILY ACTS OF COMPASSION

REMEMBER the poor and BLESS them.
REMEMBER the elderly and BLESS them.
REMEMBER the immigrants and BLESS them.
REMEMBER the mentally ill and BLESS them.
REMEMBER those in leadership and BLESS them.

Psalm 128
Acts 4:24-31
1 Corinthians 13



6. RECONCILIATION

PRAY for and seek out those whom you have offended.
FORGIVE the deceased who offended you in their lifetime.
PRAY to FORGIVE and RELEASE those who have offended or harmed you in any way.
RESIST ALL attempts at STRIFE and DIVISION in your Family, Neighborhood and CHURCH.

Deuteronomy 6:4-12
Ecclesiastes 3:1-8, 11
Matthew 6:9-13
Ephesians 1:15-20

7. SACRAMENTAL GRATITUDE

GIVE THANKS for all who serve/assist/comfort/Pray for you each day.
GIVE THANKS for the Gift of LIFE.
GIVE THANKS for Salvation, The Gospel, The CHURCH.
GIVE THANKS for The Beauty of CREATION.
GIVE THANKS for your LENTEN JOURNEY.

1 Chronicles 17:16-27
Psalms 16:1-11
Philippians 1:3-4, 9-11
Jude 1:24-25



**THE NEW BIRTH LENTEN JOURNEY CULMINATES in Witness and
CELEBRATION of The RESURRECTION OF**

JESUS CHRIST

LENTEN SCRIPTURE STUDY: 1 Corinthians 15

LENTEN TEXT:

“And if Christ has not been raised, our preaching is useless and so is your faith.”
(1 Corinthians 15:14 NIV)

As for NEW BIRTH, BECAUSE OF THE RESURRECTION OF JESUS CHRIST;

WE are “in the world but not of the world”.

**We greet EASTER SUNDAY Morning having been TRANSFORMED, ENRICHED and EMBOLDENED
by THE POWER OF THE HOLY GHOST.**

**We are engaged by THE MYSTERY, THE MIRACLE and THE MINISTRY of the Dead-Alive Son of
GOD.**

**We are compelled to make a LOVE OFFERING to THE LIVING GOD of every un-crucified area
of our lives.**

We are empowered to live in the earth realm as GOD’S “new creation”.

We are raised to a Beyond Calvary VISION of GOD and THE KINGDOM.

We are TRUTH TELLERS, LIGHT BRINGERS and HOPE HEALERS of a boundless Priesthood.

We are citizens of Eternity living out our mortality.

**We are ONE with THE BODY of CHRIST in the earth because we have become The Lord’s
HOUSE OF PRAYER FOR ALL NATIONS.**

WE INCARNATE THE GREAT COMMISSION.



THE APOSTLE'S CREED

I BELIEVE in GOD the Father, Almighty, Maker of heaven and earth.
And in JESUS CHRIST, his only begotten Son, our Lord.
Who was conceived by the HOLY GHOST, born of the Virgin Mary.
Suffered under Pontius Pilate;
was crucified,
dead and buried.
He descended into hell.
The third day he rose again from the dead.
He ascended into heaven, and sits at the right hand of GOD the Father Almighty.
From thence he shall come to judge the living and the dead.
I BELIEVE in the HOLY GHOST.
I BELIEVE in the HOLY CHURCH, the communion of saints.
The forgiveness of sins.
The RESURRECTION of the body.
And LIFE EVERLASTING.
AMEN



NEW BIRTH LENTEN RESOURCES:

1. **FORTY DAYS: Tongues of Fire and Prophetic Transformation** by
Rev. Dr. Cecelia Williams Bryant (Kindle)

1. **2019 GLOBAL PRAYER GUIDE Voice of the Martyrs** (persecution.com) 800-747-0085