

NEW BIRTH

Dr. Jamal-Harrison Bryant
Pastor

Sunday, January 5, 2020
"You Are What You Eat" - Pastor Jamal Harrison Bryant

Ecclesiastes 3:1-2 and Psalm 144:12.

The saying, "You Are What You Eat," was introduced by Thomas Colling Campbell. Through this phrase he stated, to have a plant-based diet is to have an extended human life. He maintained that a plant-based diet will reduce 32% of cardiovascular disease and 25% of early death of any cause. A plant-based diet goes back to Genesis with Adam & Eve who lived in paradise, in the PRESENCE of GOD!

"May our God allow you to live this year in paradise with no snakes!"

Embark on a plant-based diet; and be concerned about your body and health.

"HEALTH IS YOUR WEALTH"

Declare COMPLETE HEALTH over your body and denounce areas of discomfort and disease. YOU SHALL REMAIN complete and whole THIS YEAR and watch God take the limits off!

Embrace 3 homonyms THIS YEAR: EXPRESS, ADDRESS, MATCH...

BELIEVE your blessings are coming in these three entities!

Express and fast to your address in DOUBLE PORTION!

GET READY and RECEIVE!

May this petition be sealed with TOTAL FAITH in our FAITHFUL GOD, Amen!

NEW BIRTH MISSIONARY BAPTIST CHURCH
P.O. BOX 1019 LITHONIA, GEORGIA 30058
770-696-9600 770-696-9636 FAX

www.newbirth.org