

# NEWBIRTH

Mental Illness is NOT A PUNISHMENT from God. Solitude is not punishment or a sickness!

Sometimes God navigates the circumstances of our lives to spend time alone with us because we need more spiritual deposits! I step back so I can have greater authenticity and take a pause to power my performance!

We learn to psychologically and emotionally log-off, and sometimes the best way to fight back is to pull back!

Even Jesus said, "Give me a minute!"

Prayer is a conversation. We learn to sit in silence and give God a chance to talk back to us! He has plans for our lives and wants to prosper us!

My taking a minute requires deeper listening which broadens my perspective! I need a minute to after something I am about to pursue!

Does anybody see me for who I am and not for what I represent? I take a minute about who I let hold my hand, because I do not want them to see me just for what I offer! A blessing with strings attached is not a blessing!

We give God glory for life interruptions! He will create an interruption to make us slow down when we won't stop!

God has not forgotten about me! I hang in there! He is giving me a minute to figure out what to do next...and to be obedient! All things work together for my good!

When we shout unto God, He is getting ready to do what He has done for us in the past, again! Sometimes God is not even facing me in the midst of His Blessing! He will turn His back just to say 'give me a minute' then stop everything that has been trying to slow me down. God is blocking every demon and attack assigned to me! I shout and scream because I believe it has already happened! Because of God's love, He is faithful to me even when I have been unfaithful to Him! I think about my relationships, assignment, missteps and what I narrowly escaped; with God. He said if I scream out to Him again in the month of May, every person who has been trying to set me up and dug a pit for me will fall in it! They meant it for evil, but God turned it around for my good!

When we think of how good God has been to me...I have to give Him praise!

I thank God for precious memories!

A Prayer by Dr. Bryant:

God will cover my mind!

God will keep me in perfect peace!

God will cover the thoughts of our children and grandchildren!

Suicide is not an option or an alternative!

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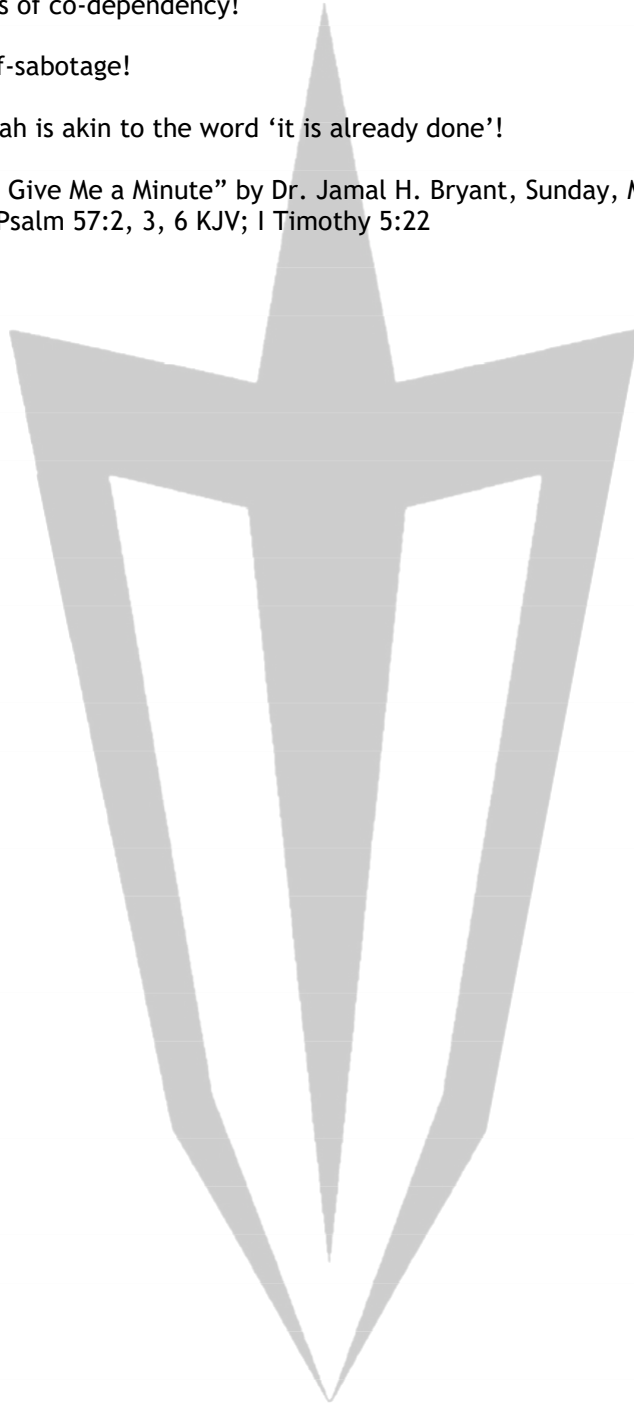
God will wean our children in our families off of behavior modification drugs!

God will cut off all areas of co-dependency!

God will root out all self-sabotage!

Thank You Lord that Selah is akin to the word 'it is already done'!

From the message "Just Give Me a Minute" by Dr. Jamal H. Bryant, Sunday, May 5, 2019.  
Scriptural References: Psalm 57:2, 3, 6 KJV; I Timothy 5:22



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