**Healing and Wholeness**

In the beginning, God’s original intention was for us to live holy, healthy lives. He made us in His image, according to His likeness, with full capacity for fruitfulness, multiplication, the ability to fill the earth, subdue it, and have dominion over every living, moving thing upon the earth (Genesis 1:26-28). God made us with full strength, vitality, and energy. His desire is and always has been for His people to live in health, wholeness and prosperity in spirit, soul, and body.

Adam sinned in the Garden and started a cycle of challenges, but throughout the Bible we see how God brought deliverance when His people called on Him for help. When the Children of Israel were in bondage in Egypt, God brought them out rich in one night. According to Psalm 105:37, “He also brought them out with silver and gold. And there was none feeble among the tribes.” It is also God’s plan that you “prosper in all things and be in health, just as your soul prospers” (3 John 1:2).

Jesus Christ, the last Adam, came to ensure restoration back to the abundant life in God’s original design. Through the name of Jesus, we reclaim the dominion, health, and wealth of the Kingdom of God. We declare that physical, mental, emotional, and financial trauma and drama must end now, and by faith we accept the abundant life that Jesus gave us.

Together, for 30 days, we will join in prayer and fasting for healing and wholeness. We believe that Jesus secured our victory on the cross. He has already provided healing and now we claim it and expect full manifestation in our bodies, souls and spirits. We do not have time to be sick! Therefore, we receive the manifestation of healing and wholeness from the Lord now.

We will add fasting with our prayer this month and ask everyone who is physically able to join in a Daniel Fast. Specifically, we will eliminate meat from our diet for 30 days. Eat plenty of fruit and vegetables. You may also include whole grains (such as, rice, oats, and grits), soy, tofu, nuts and seeds. Also, increase your water intake and exercise.

As you follow this prayer guide, each day pray not just for yourself, but for Apostle Eddie L. Long, First Lady Vanessa Long and their family, your family, the New Birth Church Family, the Body of Christ, our community at large, individuals who are experiencing illnesses, afflictions or injuries of any kind, and souls who need to come to know Jesus Christ as Lord and Savior.

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Restoration of Health

Thursday, September 1, 2016

Pray for restoration of health, for all to live according to God’s Word. “But He was wounded for our transgressions, He was bruised for our iniquities; the chastisement for our peace was upon Him, and by His stripes we are healed” (Isaiah 53:5).

Friday, September 2, 2016

Repent for the Kingdom of God is at hand. Clear out all unforgiveness to make room for the manifested healing. “Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much” (James 5:16).

Saturday, September 3, 2016

Pray that specific needs for the sick are met and healed in Jesus’ name. “Is anyone among you sick? Let him call the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord” (James 5:14).

Sunday, September 4, 2016

Declare that your NOW faith is strong in the Lord. “Now faith is the substance of things hoped for, the evidence of things not seen. For by it the elders obtained a good testimony,” (Hebrews 11:1-2).

Monday, September 5, 2016

Declare and decree God’s Word over your life in Jesus’ name! “He sent His word and healed them, and delivered them from their destructions. Oh, that men would give thanks to the LORD for His goodness, and His wonderful works to the children of men!” (Psalm 107:20-21).

Power of Belonging to God: Spiritual and Healthy Living

Tuesday, September 6, 2016

Declare that what God said about you before the foundation of the earth is so. “And the LORD visited Sarah as He had said, and the LORD did for Sarah as He had spoken. For Sarah conceived and bore Abraham a son in his old age, at the set time of which God had spoken to him” (Genesis 21:1-2).

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Wednesday, September 7, 2016

Pray in the name of Jesus Christ of Nazareth that you are healed, NOW. “And Jesus went about all Galilee, teaching in their synagogues, preaching the gospel of the kingdom, and healing all kinds of sicknesses and all kinds of disease among the people. Then His fame went throughout all Syria; and they brought to Him all sick people who were afflicted with various diseases and torments, and those who were demon-possessed, epileptics, and paralytics; and He healed them” (Matthew 4:23-24).

Thursday, September 8, 2016

Declare that you are a new man in Christ. “Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new” (2 Corinthians 5:17).

Friday, September 9, 2016

Declare and decree that Jesus Christ is God and He is our Elder Brother; we are heirs and joint heirs with Him. Declare that you are a Word sent. “These twelve Jesus sent out and commanded them saying, ‘Do not go into the way of the Gentiles, and do not enter a city of the Samaritans. But go rather to the lost sheep of the house of Israel. And as you go, preach, saying, ‘The kingdom of heaven is at hand.’ Heal the sick, cleanse the lepers, raise the dead, and cast out demons. Freely you have received, freely give” (Matthew 10:5-8).

Saturday, September 10, 2016

Decree that your healing is a gift of the Spirit from God Almighty! “…to another faith by the same Spirit, to another gifts of healings by the same Spirit” (1 Corinthians 12:9).

Sunday, September 11, 2016

Declare and decree that God chose you as His own child. “But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light…” (1 Peter 2:9).

Monday, September 12, 2016

Agree that healing is eternal. “In the middle of its street, and on either side of the river, was the tree of life, which bore twelve fruits, each tree yielding its fruit every month. The leaves of the tree were for the healing of the nations” (Revelation 22:2).
Tuesday, September 13, 2016

Declare and decree that you will give your body proper and regular exercise along with spiritual godliness. “But reject profane and old wives fables, and exercise yourself toward godliness. For bodily exercise profits a little, but godliness is profitable for all things, having promise of the life that now is and of that which is to come” (1 Timothy 4:7-8).

Wednesday, September 14, 2016

Decree to take proper nutrients in your physical body to maintain the temple God gave you. “Therefore I urge you to take nourishment, for this is for your survival, since not a hair will fall from the head of any of you” (Acts 27:34).

Thursday, September 15, 2016

Pray for each other that you maintain a positive and generous attitude each day. “A merry heart does good, like medicine, but a broken spirit dries the bones” (Proverbs 17:22).

Friday, September 16, 2016

Declare that obedience is better than sacrifice; obey the Word of the Lord. “My son, give attention to my words; incline your ear to my sayings. Do not let them depart from your eyes; keep them in the midst of your heart; for they are life to those who find them, and health to all their flesh. Keep your heart with all diligence, for out of it spring the issues of life” (Proverbs 4:20-23).

Saturday, September 17, 2016

Declare that all Glory belongs to God as we follow God and do His will. “Now as Jesus passed by, He saw a man who was blind from birth. His disciples asked Him, saying, ‘Rabbi, who sinned, this man or his parents, that he was born blind?’ Jesus answered, ‘Neither this man nor his parents sinned, but that the works of God should be revealed in him’” (John 9:1-3).

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Wholeness

Sunday, September 18, 2016

Declare your wholeness this day; you are well, healed and whole. Nothing, absolutely nothing shall come near your dwelling to harm you. “The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly” (John 10:10).

Monday, September 19, 2016

Decree and declare that your healing, wholeness is a gift from the Lord and you have the wisdom to maintain a healthy lifestyle. “Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning” (James 1:17).

Tuesday, September 20, 2016

Father God, we present our bodies as a living sacrifice; we do NOT conform to the cares of this world. Yes, we are transformed by the renewing of our minds through the Word of God. “I beseech you therefore, brethren, by the mercies of God. That you present your bodies as a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God” (Roman 12:1-2).

Wednesday, September 21, 2016

Ask God to help you increase your fear, honor and reverence of the Lord. You are a giver and as you bless God, He responds to your obedience with health, strength, increase and multiplication. “Do not be wise in your own eyes; fear the LORD and depart from evil. It will be health to your flesh, and strength to your bones. Honor the LORD with your possessions, and with the firstfruits of all your increase; so your barns will be filled with plenty; and your vats will overflow with new wine” (Proverbs 3:7-10).

Thursday, September 22, 2016

Declare today as you lay your prayer cloth on your body, the spirit of infirmity and every other ungodly spirit leaves in Jesus name. “Now God worked unusual miracles by the hands of Paul, so that even handkerchiefs or aprons were brought from his body to the sick, and the diseases left them and the evil spirits went out of them” (Acts 19:11-12).

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Friday, September 23, 2016

Declare that you have great expectations today; pray that God exceeds everything you even thought because you are in expectancy. “And fixing his eyes on him, with John, Peter said, ‘Look at us.’ So he gave them his attention, expecting to receive something from them. Then Peter said, ‘Silver and gold I do not have, but what I do have I give you: in the name of Jesus Christ of Nazareth, rise up and walk.’ And he took him by the right hand and lifted him up, and immediately his feet and ankle bones received strength. So he, leaping up, stood and walked and entered the temple with them – walking, leaping, and praising God” (Acts 3:4-8).

Saturday, September 24, 2016

Pray for instantaneous healing and wholeness for your pastor, a family member, a co-worker, or even someone unknown to you. Glory to God! “Jesus said to him, ‘Rise, take up you bed and walk.’ And immediately the man was made well, took up his bed, and walked. And that day was the Sabbath” (John 5:8-9).

Sunday, September 25, 2016

Pray to walk in wholeness and never forget God’s precepts and that He is the giver of life. “Unless Your law had been my delight, I would then have perished in my affliction. I will never forget Your precepts, for by them You have given me life. I am Yours, save me; for I have sought Your precepts” (Psalm 119:92-94).

Monday, September 26, 2016

Decree and declare that you are whole, for your mind and emotions are in submission to the Holy One. “He who is slow to wrath has great understanding, but he who is impulsive exalts folly. A sound heart is life to the body, but envy is rottenness to the bones” (Proverbs 14:29-30).

Tuesday, September 27, 2016

Pray that you speak the Word of God to the area of your illness and be made whole. “So Jesus answered and said to him, ‘What do you want Me to do for you?’ The blind man said to Him, ‘Rabboni, that I may receive my sight.’ Then Jesus said to him, ‘Go your way; your faith has made you well.’ And immediately he received his sight and followed Jesus on the road” (Mark 10:51-52).

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Wednesday, September 28, 2016

Decree and declare that you touch Jesus today through your faith, through your prayer and are made whole. “And when the men of that place recognized Him, they sent out into all the surrounding region, brought to Him all who were sick, and begged Him that they might only touch the hem of His garment and as many as touched it were made perfectly well (Matthew 14:35-36).

Thursday, September 29, 2016

Declare and decree that as you exercise your faith, you will be made whole. “Now a certain woman had a flow of blood for twelve years...And Jesus, immediately knowing in Himself that power had gone out of Him, turned around in the crowd and said, ‘Who touched My clothes?’ But His disciples said to Him, ‘You see the multitude thronging You, and You say, ‘Who touched Me?’ ...And He said to her, ‘Daughter, your faith has made you well. Go in peace, and be healed of your affliction’” (Mark 5:25-34).

Friday, September 30, 2016

Decree and declare by the Holy Spirit, you are made whole and you walk in your wholeness today. You are **untouchable, unstoppable and unbreakable** in the name of Jesus Christ of Nazareth. It was Peter who said, “…Let it be known to you all, and to all the people of Israel, that by the name of Jesus Christ of Nazareth, whom you crucified, whom God raised from the dead, by Him this man stands here before you whole. This is the ‘stone which was rejected by you builders, which has become the chief cornerstone.’ Nor is there salvation in any other name under heaven given among men by which we must be saved” (Acts 4:10-12). You are whole this day. Walk in God’s healing and wholeness, **NOW** and always.

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